



### Color Yourself Calm, Volume 1: Adult Coloring Book (Paperback)

By Jeffrey Littorno

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm.

Language: English . Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*. There s no denying that the world has gotten more stressful in the 21st century. Fortunately, many adults have rediscovered the relaxing effects of coloring books. Coloring books for adults have sprung in stores and online. Jeffrey Littorno s Adult Coloring Book, Volume 1 in the Color Yourself Calm series, is full of 50 captivating Mandala designs. The pages are created with the idea that they are simple enough to be finished in one sitting. This coloring book for grown up is perfect for anyone seeking to enjoy the relaxing power of coloring.



#### Reviews

Completely essential go through ebook. It can be writter in basic phrases and never difficult to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Jessy Collier

If you need to adding benefit, a must buy book. It really is writter in straightforward words and phrases and not confusing. You will not feel monotony at anytime of your respective time (that's what catalogues are for concerning if you ask me).

-- Dr. Celestino Treutel

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